

# Read Online Your Life Can Be Fantastic Too

## Your Life Can Be Fantastic Too

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1793 Michael Malice and Tom on Writing and Publishing Books

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Synopsis. Following the success of their hit TV series "A Life Coach Less Ordinary", effervescent "life coaches to the stars" Nik and Eva Speakman have written their first book to encapsulate their unique philosophy on life. "Your Life Can Be Fantastic Too!" explains how anyone can extract the maximum happiness and rewards from their existence, simply by changing their thoughts about what they believe are their true capabilities.

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"Your Life Can Be Fantastic Too!" is the ultimate life coaching session from two of the country's leading practitioners. Their hugely popular series has now been syndicated to Bahrain, Israel, South Africa and New Zealand and there are plans to produce a further series for a leading lifestyle channel in the USA.

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~~Your Life Can Be Fantastic Too! by Nik Speakman~~

Life Can Be Fantastic: Your Joy is Your Power. By Tama J. Kieves. I am committed to allowing myself to receive more freaking goodness than I can imagine. To start with, I am going to know that, independent of anyone else 's predictions or convictions, my life can be fantastic. I am going to stop calling negativity and limitation " realism. "

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"Your Life Can Be Fantastic Too!" is the ultimate life coaching session from two of the country's leading practitioners. Their hugely popular series has now been syndicated to Bahrain, Israel, South Africa and New Zealand and there are plans to produce a further series for a leading lifestyle channel in the USA.

~~Your Life Can Be Fantastic Too!~~ eBook: Speakman, Nik ...  
Instead, it applies to almost every area of your life. By letting go of the old, by abandoning negative mindsets, beliefs and habits, you can make room for progress. Without the willingness to let go, there is less room for growth. 19. Live with congruency. Live your life in accordance with your beliefs and values.

~~50 Good Habits: Transform Your Life with This List of Habits~~  
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Also, you can set it close to the fire and let it warm up and when you go to sleep on a cold night, you have a hot bottle by your feet." — Mike Brown Get a really good one from Amazon for \$19 .

Following the success of their hit TV series "A Life Coach Less Ordinary", effervescent "life coaches to the stars" Nik and Eva Speakman have written their first book to encapsulate their unique philosophy on life. "Your Life Can Be Fantastic Too!" explains how anyone can extract the maximum happiness and rewards from their existence, simply by changing their thoughts about what they believe are their true capabilities. Packed with exercises to help break habits of a lifetime, inspirational life examples and quotes, healthy living tips and recipes, this book provides a fascinating insight into the colourful and dynamic world the Speakmans have created for themselves; one they maintain, that anyone can emulate

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if they only put their mind to it. The book is an invigorating and revitalising read ... like drinking the strongest cup of coffee you can imagine, or a bracing dip in the sea, or a ride on big dipper, this no ordinary life coaching book. It is sheer exhilaration for the soul! Starting with a frank and often surprising summary of their backgrounds in which ill health, bullying and domestic abuse feature, Nik and Eva explain how they overcame their own personal demons to create their vision of the ideal lifestyle. They now live in a magnificent 16th century manor house, own a fleet of super cars, are bursting with health and vitality. Indeed, they are fast becoming as iconic as the celebrities that seek their help. Nik and Eva treat problems ranging from lack of confidence to panic attacks, phobias and self-destructive habits. What's more they achieve results incredibly quickly, within one or two short sessions [unlike many psychotherapists and hypnotists]. Their book details how anyone can be the person they want to be, providing they approach the future with clear goals and the right mindset. The Speakmans outline the practical steps that are required to succeed in both of these key aspects. Their aim is to initiate transformations for the long term and not just whilst reading their book. To this end, the text is powerfully clear and emphatic and the exercises are all proven to be highly effective tools to reshape the subconscious mind and when practised regularly, will shift the brain's default setting to "positive". "Your Life Can Be Fantastic Too!" is the ultimate life coaching session from two of the country's leading practitioners. Their hugely popular series has now been syndicated to Bahrain, Israel, South Africa and New Zealand and there are plans to produce a further series for a leading lifestyle channel in the USA. Millions have been captivated by their warmth, sincerity and dynamism which are now expressed in their book which guarantees fantastic results. For proof that their methods work, you need to look no further than the Speakmans themselves!

"In 1913, young Teresa dreams of leaving her life in Vermont and

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hitting the road to join a vaudeville troop and sing in theaters across the country. Once she does, however, she finds the job and the country is not as glamorous as she once believed"--

This book is the story of how two survivors, Dr Allen Lycka and Harriet Tinka discover the 13 golden pearls within.

Examines the life and accomplishments of the French oceanographer, and describes his work studying and filming the undersea world.

The life of Arnold Schwarzenegger is one of the most remarkable success stories in the U.S. Here is a young man from an Austrian village who became the greatest bodybuilder in history, a behemoth who even today in retirement is the dominating figure in the sport. Here is an immigrant with a heavy accent and a four syllable last name, who marries a Kennedy princess and becomes the number one movie star in the world, an icon known and celebrated everywhere. Here is a political novice with no administrative experience who becomes governor of California in one of the most unusual and controversial elections in American history, and confounds his critics by proving an effective, popular leader. In *Fantastic*, Leamer shows how and why this man of willful ambition and limitless drive achieved his unprecedented accomplishments. As the author of a celebrated trilogy on the Kennedy family, Leamer has access to a unique array of sources. Leamer traveled with candidate Schwarzenegger during the gubernatorial campaign. He has interviewed Governor Schwarzenegger and his wife Maria Shriver, and their closest friends and associates, most of whom had never talked to an author before. The result is a startlingly intimate book, the pages studded with news making revelations. This book of passionate intensity captures a Schwarzenegger unlike any other public figure of our time, a unique political/cultural figure, his time in Sacramento only a way station on a journey where no one has

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traveled before. The book captures the personal Schwarzenegger, too, and the story of his single days, marriage, and family life. No one who reads this book will ever see Schwarzenegger in the same way again.

The book that inspired the Academy Award – winning short film, from New York Times bestselling author and beloved visionary William Joyce. Morris Lessmore loved words. He loved stories. He loved books. But every story has its upsets. Everything in Morris Lessmore 's life, including his own story, is scattered to the winds. But the power of story will save the day. Stunningly brought to life by William Joyce, one of the preeminent creators in children 's literature, *The Fantastic Flying Books of Mr. Morris Lessmore* is a modern masterpiece, showing that in today 's world of traditional books, eBooks, and apps, it 's story that we truly celebrate—and this story, no matter how you tell it, begs to be read again and again.

Chris Difford is a rare breed. As a member of one of London's best-loved bands, the Squeeze co-founder has made a lasting contribution to English music with hits such as 'Cool For Cats', 'Up The Junction', 'Labelled With Love', 'Hourglass' and 'Tempted'. Even before his first release in 1977, his love of writing lyrics has never wavered. Over the course of a thirteen-album career with Squeeze, it was clear from the very beginning that Difford has few peers when it comes to smart, pithy lyricism. His 'kitchen-sink drama' style has drawn plaudits from fans on both sides of the Atlantic, and his influence is keenly felt today. The likes of Lily Allen, Mark Ronson, Kasabian, Razorlight and many more have recognized the debt they owe to Squeeze's music and to Difford's way with words, while journalists were moved by his winning combination with Glenn Tilbrook to dub the pair 'The New Lennon and McCartney'. In *Some Fantastic Place*, Chris Difford charts his life from his early days as a dreaming boy in south



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London with a talent for poetry to becoming a member of one of Britain's greatest bands and beyond. Along the way he reveals the inspiration and stories behind Squeeze's best-known songs, and his greatest highs and lows from over four decades of making music.

The remarkable life, career, and faith journey of the star of *The Love Boat* and *The Mary Tyler Moore Show*. For 16 years, millions of Americans welcomed Gavin MacLeod into their living rooms every Saturday night. This veteran of stage and screen transformed himself from a seasoned character actor into the leading, lovable father-figure of *The Love Boat* at the height of TV 's boom years. For more than 30 years, Gavin MacLeod has served as the global ambassador for Princess Cruises. Speaking to thousands of travelers each year, and signing hundreds of autographs at every port, he stands poised to celebrate his amazing journey with a look back at the golden era of American television. The consummate storyteller, Gavin shares his fondest memories of meeting and working with countless stars, such as Cary Grant, Steve McQueen, Gregory Peck, Bette Davis, Frank Sinatra, Ethel Merman, Ella Fitzgerald, Ronald Reagan, Milton Berle, and Fred Astaire. From his humble theatrical beginnings in upstate New York, to Radio City Music Hall and on to Hollywood, Gavin MacLeod was on the fast track to success. However, a few hard life lessons—like dealing with a divorce—taught Gavin that the key to happiness was only through a deep faith in God, and he feels his work for Christ is more important than any award. Three years later his remarriage proved that a great struggle can culminate in a happy ending.

Companion to the film *Fantastic Fungi*. Contributions from Michael Pollan, Andrew Weil, Eugenia Bone, and many more experts make *Fantastic Fungi* an awe-inspiring visual journey through the exotic, little-known realm of fungi and its amazing potential to positively influence our lives. An all-star team of professional and amateur mycologists, artists, foodies, ecologists,

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doctors, and explorers joined forces with time-lapse master Louie Schwartzberg to create *Fantastic Fungi*, the life-affirming, mind-bending film about mushrooms and their mysterious interwoven rootlike filaments called mycelium. What this team reveals will blow your mind and possibly save the planet. This visually compelling companion book of the same name, edited by preeminent mycologist Paul Stamets, will expand upon the film in every way through extended transcripts, new essays and interviews, and additional facts about the fantastic realm of fungi. *Fantastic Fungi* is at the forefront of a mycological revolution that is quickly going mainstream. In this book, learn about the incredible communication network of mycelium under our feet, which has the proven ability to restore the planet's ecosystems, repair our health, and resurrect our symbiotic relationship with nature. *Fantastic Fungi* aspires to educate and inspire the reader in three critical areas: First, the text showcases research that reveals mushrooms as a viable alternative to Western pharmacology. Second, it explores studies pointing to mycelium as a solution to our gravest environmental challenges. And, finally, it details fungi's marvelous proven ability to shift consciousness. Motivating both the visually stunning film and this follow-up book is an urgent mission to change human consciousness and restore our planet.

Teaches the reader how to develop and nurture a loving and positive relationship with oneself by engaging in such behaviors as self-talk and self-compassion throughout the day.

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